

<p style="text-align: center;"><u>Autumn 1 – Amazing Me!</u></p> <ul style="list-style-type: none"> • Online safety – using i-pads and smartboards in school in a safe manner. • Establishing safety rules and routines in new classes • Hand hygiene on entry to setting and after using toilet • Hand washing for snack • Scissor safety – storage, transport and usage • Keeping safe at the start at end of the day in school • Gathering for the whistle and lining up safety • Safety and hygiene when accessing rolling snack- choke hazards, use of glass • Risk taking and assessing risk in the school environment– climbing trees, blocks, using woodwork tools in safety. • Gathering to the whistle Signal promptly outdoors • Fire drill • Lockdown protocol • Promoting/modelling regular tooth brushing – twice a day for 2 minutes using a fluoride toothpaste (oral health) • Encouraging parents to promote good oral health at home • Concept of ‘safe people’/trusted adults in school • Knowing which parts of the body are private, Rules for using the toilet in privacy – PANTS rule 	<p style="text-align: center;"><u>Spring 1 – Once Upon a time</u></p> <ul style="list-style-type: none"> • Revisit PANTS rule • Hand hygiene • Promoting/modelling regular tooth brushing – twice a day for 2 minutes using a fluoride toothpaste (oral health) • Modelling effective tooth brushing with dental models • Cycling safety using bikes outdoors • Fire drill • Lockdown protocol • Keeping safe around animals – cat and dog safety – risk of biting and scratching, washing hands • School Value of the week – friendship and trust • Toxic and poisonous substances in the home – medicines, bleach, cleaning products 	<p style="text-align: center;"><u>Summer 1 – Superheroes Everywhere!</u></p> <ul style="list-style-type: none"> • Hand hygiene • Keeping safe at the start at end of the day in school for new starters • Revisit PANTS rule • Family and love relationships/ friendships • Different types of families • Safe and unsafe people- emergency services • Sun safety – sun hats, lotions, covering exposed skin • Keeping hydrated and signs of dehydration • Signs and symptoms of heat stroke • Fire drill • Visit from dentist –how regular dental check-ups are important for healthy teeth • Modelling effective tooth brushing with dental models • Medications – safe usage, safe storage
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<p style="text-align: center;"><u>Autumn 2 – Starry, starry night</u></p> <ul style="list-style-type: none"> • Hand hygiene • Safety around the home – kitchen, hot ovens, danger of sharp knives, kettles (home corner) • Hazards at home linked to Christmas- fairy lights, ovens, candles, straighteners, irons, plastic bags • Coughs and sneezes spread diseases • Firework safety code - Bonfire Night • The effects of eating too many sweet things (oral health) • Appropriate clothing weather / keeping warm • Being visible to traffic during hours of darkness/reflective clothing • Risk assessing in frosty and icy weather • Fire drill • Kitchen safety- cooking and baking 	<p style="text-align: center;"><u>Spring 2 – Animals</u></p> <ul style="list-style-type: none"> • Hand hygiene • Harmful substances outdoors – mushrooms, berries • Use of tools for planting and growing • Wearing gloves to work with soil and washing hands afterwards • Encouraging children to visit the dentist regularly (twice a year is recommended) • Online e- safety – Chicken Clicken • First Aid outdoors – what to do if you get hurt • What to do when someone else is hurt • Safety in the park – dogs, bees, wasps, needles and litter • Showing care and respect for living things • Fire drill • Learning that animals can bite, we must not touch (Farm animals) , washing hands afterwards to control cross-infection 	<p style="text-align: center;"><u>Summer 2 – Journeys</u></p> <ul style="list-style-type: none"> • How to resist peer pressure and ask for help. • Cycling safety and wearing a helmet • Safety on holiday – what to do if you get lost at the airport or on the beach? • Water safety – swimming pools, the sea • Fire drill • Lockdown protocol • Keeping safe in new schools • Anti-bullying: what to do if someone upsets you • Strategies for asking for help – meal times, toileting • Understanding changes to expect in new school • Support with transition • Meeting new teachers – safe people • Safety on school trip – Windmill Farm • Learning that animals can bite- we must not touch (farm animals), washing hands afterwards to control cross-contamination • Sun safety – sun hats, lotions, covering exposed skin • Keeping hydrated and signs of dehydration • Signs and symptoms of heat stroke